



YOUTH GROWTH WORK

GROW TRANSFORM BELONG CIC

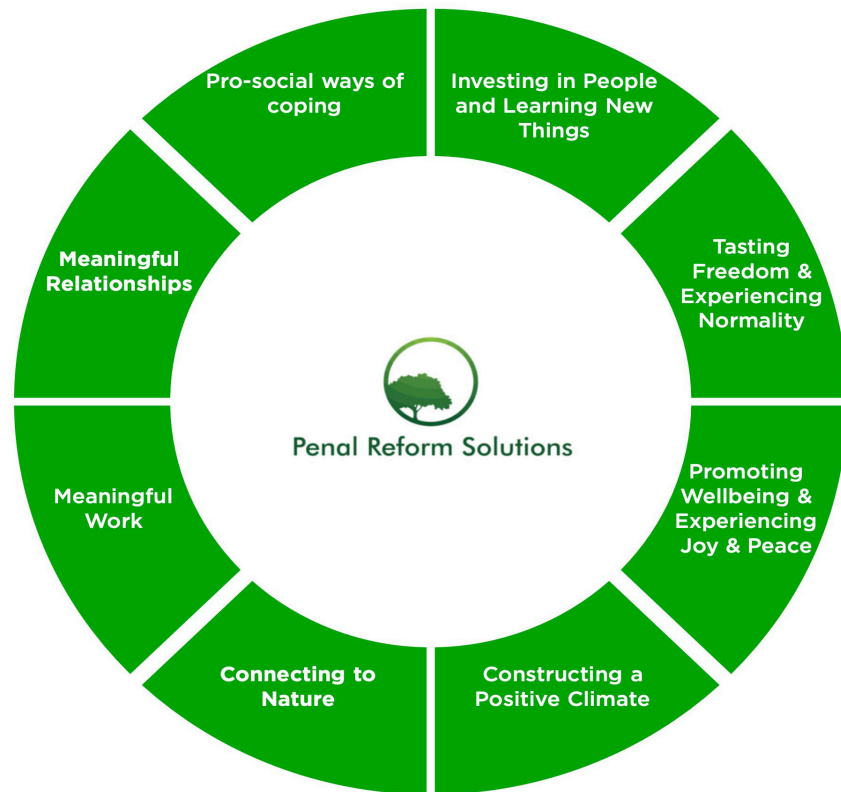
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The Principles of Growth, established by our sister company, Penal Reform Solutions, are embedded within each of our services, to magnify the power of our work.

YOUTH SERVICES

Our growth youth services is our preventative approach aimed at tackling the well documented youth exclusion–offending pipeline.

We offer a variety of packages ranging from bespoke Cognitive Behavioural Therapy, staff training, One to One work, groupwork programmes and whole-environment approaches to cultivate growth environments for staff, youths and the wider communities. As part of this package we deliver the Go2Grow Programme in schools, pupil referral units and other educational settings.

We also provide guest speakers with ‘lived experiences’ including knife crime, drugs and county lines, gangs and violence who also engage in supporting roles within our projects. This helps harness their journeys and embeds their learning within the fabric of our work to ensure projects are relevant, meaningful and reach everyone.

Staff training topics include managing challenging behaviours, relationship training, reflective and supervision practice, coaching techniques and motivational interviewing.

Building growth, resilience and meaningful relationships is at the centre of what we do, applying a collaborative, strengths-based, research-informed approach throughout.

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OUR SUITE OF SERVICES

We take a collaborative and holistic approach to building a growth culture with young people, staff and the spaces they are in.

18 month growth project to embed a sustainable culture change relevant to environment situated in areas with high youth crime rates, experiencing pupil behavioural difficulties and or staff dissatisfaction/ retention issues.

2 month 'As Is' evaluation to provide a detailed report based on findings from youths, staff and parents to highlight need within the environment.

1 Day Speaker with 'lived experiences' of prison, gang culture, knife crime, violence and drug misuse.

Go2Grow Programme for children at risk of inclusion or exclusion as an ongoing project. The Grow2Go group work programme was developed by Penal Reform Solutions as a crime prevention, early intervention measure. The programme is psycho-dynamic in nature, designed with a strengths-based approach that looks to empower pupils to reach their own conclusions and develop their skill set, while supported within a safe environment. The programme was designed to equip and enable young people most at risk of entering the criminal justice system, with key skills to overcome difficulties, grow and flourish.

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Standalone One-to-One interventions for young people designed bespoke to need and risk

Specialised One-to-One interventions for young people focusing on mental health and trauma based work

Group work or One-to-One yoga and mindfulness based interventions for young people with specific emotional management needs

Well-being Days to develop pro-social interpersonal skills, positive coping strategies and promote growth

One-to-One Life Coaching and Growth work interventions focusing on goal-setting specific to need and risk

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